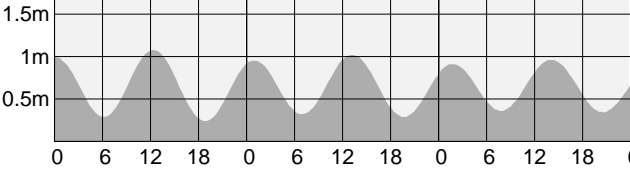


TIDAL PREDICTIONS FOR COOK ISLANDS - RAROTONGA

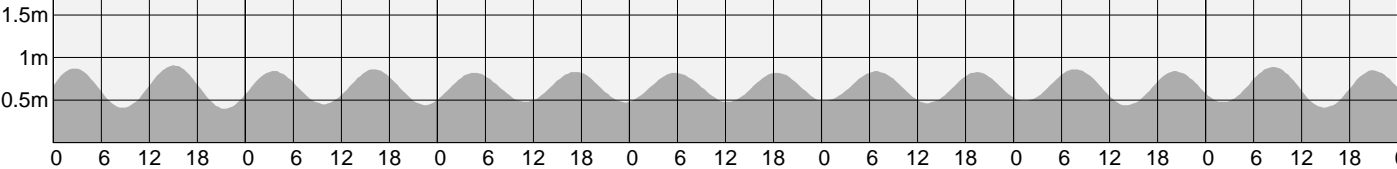
MAY 2025Local Standard Time

SUNDAYMONDAYTUESDAYWEDNESDAYTHURSDAYFRIDAYSATURDAY

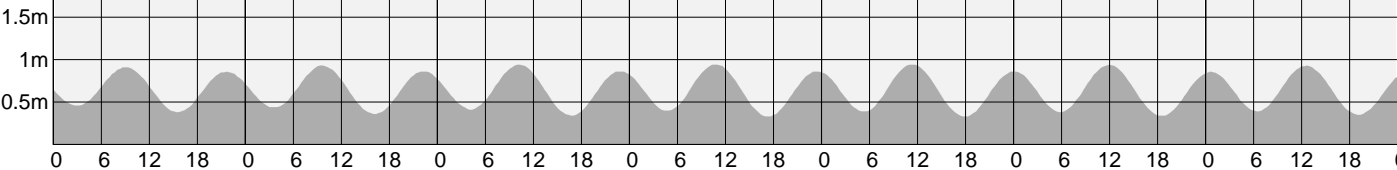
1	0008 0.99 0609 0.29 1220 1.08 1849 0.24	2	0057 0.95 0657 0.32 1312 1.02 1939 0.29	3	0146 0.91 0747 0.36 1405 0.96 2031 0.34
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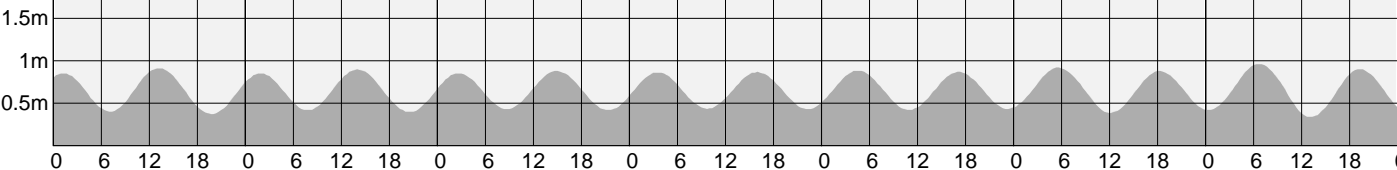
4	0237 0.87 0843 0.41 1502 0.91 2126 0.40	5	0332 0.84 0947 0.45 1605 0.86 2223 0.44	6	0435 0.82 1100 0.48 1714 0.83 2323 0.47	7	0543 0.82 1211 0.48 1820 0.82	8	0024 0.49 0647 0.84 1315 0.46 1921 0.83	9	0120 0.49 0741 0.86 1408 0.44 2013 0.84	10	0211 0.48 0825 0.89 1453 0.41 2058 0.85
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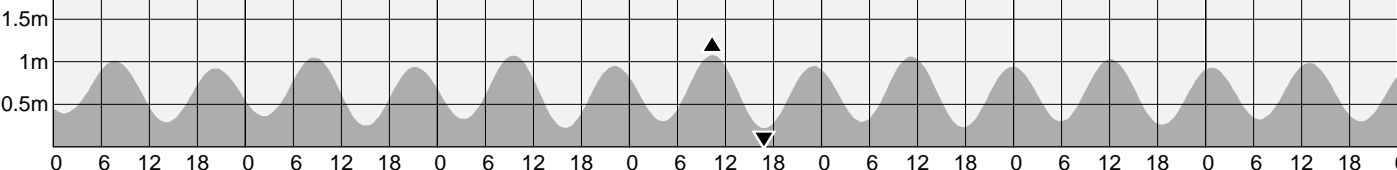
11	0255 0.46 0902 0.91 1532 0.38 2138 0.86	12	0334 0.44 0938 0.93 1609 0.36 2215 0.86	13	0410 0.41 1012 0.94 1645 0.34 2252 0.86	14	0445 0.40 1045 0.94 1719 0.33 2329 0.86	15	0518 0.39 1119 0.94 1755 0.33	16	0003 0.86 0551 0.38 1155 0.94 1830 0.34	17	0039 0.86 0626 0.39 1231 0.93 1907 0.35
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18	0115 0.85 0704 0.40 1313 0.91 1946 0.37	19	0155 0.85 0747 0.42 1400 0.90 2031 0.39	20	0240 0.85 0841 0.43 1455 0.88 2121 0.42	21	0332 0.86 0945 0.43 1600 0.87 2216 0.43	22	0433 0.88 1055 0.42 1708 0.87 2315 0.43	23	0537 0.92 1203 0.38 1815 0.88	24	0017 0.42 0641 0.96 1307 0.34 1917 0.90
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25	0119 0.39 0740 1.01 1406 0.29 2016 0.92	26	0219 0.36 0835 1.05 1502 0.25 2114 0.94	27	0316 0.33 0929 1.07 1557 0.22 2208 0.95	28	0411 0.30 1021 1.08 1650 0.22 2301 0.95	29	0503 0.29 1113 1.06 1743 0.23 2354 0.94	30	0554 0.30 1204 1.03 1833 0.26	31	0045 0.93 0645 0.32 1257 0.99 1924 0.30
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- ▲ Highest tide of the month

▼ Lowest tide of the month
- New moon

◐ First quarter

○ Full moon

◑ Last quarter

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**Disclaimer:** These tide predictions are supplied in good faith and are believed to be correct. They are not necessarily related to a local hydrographic chart datum.

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